## **Being Somebody** *Ruth Myers*

## I. Being Somebody

- A. Reasons why you react negatively.
- B. How this can be overcome in a scriptural way.
- II. The Curing Power of Love (Love can cure us) ON BEING SOMEBODY.
  - A. Our Quest for Limitless love.
  - B. Our Needs.
    - a. Confidence and inner sureness that love can give.
  - C. We are on a quest to find who we are.
    - a. We cannot see who we are without a mirror.
    - b. The only mirror is the mirror of other people's responses.
      - i. That person's self esteem is based on the reactions of other people.
  - D. "Every problem, within our personalities or between us as people can somehow be traced to a lack of true identity"
    - a. We must find our confidence as a person in the love of God.
    - b. Jeremiah 8:22.
    - c. People apart from the love of God desire to indulge on the human level to meet their emotional needs.
  - E. There is a Cure.
  - F. Diagnosis.
    - a. Case history.
      - i. It all started with Eve.
      - ii. Eve listened to a lie- that she could be independent of God and become somebody.
      - iii. Now we all are searching to find that wonderful love that completes us as a person- that meets our "vast inner needs"

b.	Ways t	o earn approval.
	i.	Appearance- How do I look?
	ii.	Performance- How do I do?

- iii. Status- How important am I?
- c. If we find our identity on a human level, it is not our true identity.
- d. Three pillars for a sense of identity:
  - i. Feeling of Belongingness.
  - ii. Feeling of Worthiness.
  - iii. Feeling of Competence.
- e. If we find our identity in God, our identity will never fail nor leave us.
- f. Eventual failure is inevitable.
- G. Cause behind our symptoms.
  - a. As long as we find our inner support, our sense of identity, on the human level in the mirror of people's love and approval, we are vulnerable, easily upset, and emotionally unstable to one degree or another.
  - b. Three Basic Defenses:
    - i. Hostility.
    - ii. Guilt (Self reproach and negation).
    - iii. Fear or anxiety.
  - c. Other Defenses:
    - i. Rationalization.
    - ii. Denial.
  - d. Warning:
    - i. The same sickness can have opposite symptoms on different personalities.
- H. Cure.
  - a. We have a great physician.
    - i. He's given us a wonderful guide: the Holy Spirit.

- ii. He's given us the Word.
- b. The importance of Faith.
  - i. John 5:44
  - ii. Faith cannot come until we turn away from the world and seek only God's approval.
  - iii. A stranger to the Father's love: 1 John 2:15-16
  - iv. Romans 10:4-5
- c. Found in receiving God's love.
  - i. The Scripture is a love letter from God.
  - ii. There is no greater Love than the love of Christ.
- d. We are complete as persons in Christ.
- e. We can only learn it as God communicates directly to our hearts through scripture.
- f. Psalms 63:3-6; Psalms 84; Psalms 27:4; Psalms 73:25-26; Isaiah 41:13; Isaiah 62:4-5; Zephaniah 3:17; Romans 5:1-5; Jeremiah 31:30
- I. God is the object of our life-long quest.