## Husband and Wife Relationships, Part 2 Jack Mayhall

I. Introduction.

A. The differences between husbands and wives demands that we know our mates and understand why they are different through communication, prayer, adjustment and acceptance.

- II. Things that people need to adapt to in marriage.
  - A. Temperament types (introvert and extrovert).
  - B. Perfectionism.
- III. Couples need to capitalize on each other's strengths.

A. Husbands should rely on a wife's intuition.

- IV. Depth of Love depends on communication.
  - A. Most of our problems are communication problems.
  - B. Communication involves.
    - 1. What you mean to say.
    - 2. What you actually say.
    - 3. What the other person hears.
    - 4. What the other person thinks he or she hears.
    - 5. What the other person says you said.
    - 6. What you think the other person says what you said.
  - C. The problem may be us when it involves listening.
  - D. Ridicule hurts and impoverishes.
- V. Communication problems.
  - A. Withdrawing or refusing to talk about important stuff.
  - B. "Nothing is wrong" is rarely true.
- VI. There is a price to pay for healthy communication.
- VII. Methods of withdrawing from communication.
  - A. Blocking communication through busyness.

- B. Over-reaction to criticism.
- C. Always giving in.

VIII. Conclusion. (Ephesians 4:13)

## **Application questions:**

1. What are some road-blocks to communication?

2. Why is communication so essential for a healthy relationship?

3. What does healthy communication look like? Explain.