

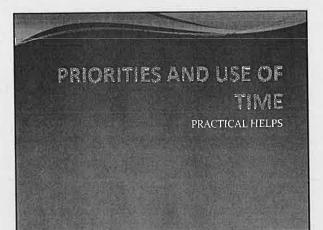
SCRIPTURAL BASIS

- ♦ II CORINTHIANS 5:19,20
- * EPHESIANS 6:4
- * MARK 6:31
- * GENESIS 2:4
- * II THESSALONIANS 3:11,12
- & GALATIANS 1:10
- * MATTHEW 22:37,38
- * I TIMOTHY 5:8

- * MARK 10:45
- * MATTHEW 28:18-20
- ♦ I TIMOTHY 6:17
- * DEUTERONOMY 6:6,7
- * EPHESIANS 5:25
- * I CORINTHIANS 1:9
- ♦ COLOSSIANS 3:23
- ♦ I CORINTHIANS 6:19,20

8 BIBLICAL PRIORITIES

O WIFE	
HOME/RESIDENCE	
⊃ PER SPIRITUAL HEALTH	and address and and the state
J MINISTRY / OUTREACH	
□ RECREATION /HEALTH	
❑ CHILDREN	
→ WORK/VOCATION	
□ SERVICE/FAMILY/OTHERS	• <u> </u>
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PERSONAL INVENTORY

- LEVEL I
 HOURS INVESTED WEEKLY
- LEVEL II
 - DAYS INVESTED MONTHLY / YEARLY
- LEVEL III
 - INVENTORY ACTUAL HOURS

LEVEL I : HOURS INVESTED WEEKLY

- A. Sleep
- B. Meals
- C. Personal Care/Health
- D. Work hours/week
- E. Ministry: QT, Church, BS, MM
- F. Children
- G. Wife
- H. Home Maintenance
- 1. Service
- J. Recreation

LEVEL II: DAYS INVE	STED MO/YEAR
A WEEKDAYS #260	
B SATURDAYS #52	
C. SUNDAYS #52	
D. HOLIDAYS #6	
E. VACATION #10-15	
EDUCATION	
GROWN CHILDREN	JOINT
EXTENDED FAMILY	CALENDERING

EEVEL III:

INVENTORY ACTUAL HOURS

- TWO WEEK INVENTORY
- HOUR BY HOUR DIARY
- TOTAL EACH CATEGORY
- REVEALING
- LIFE CHANGING

PRACTICAL HELPS: 8 AREAS

- i) OUR PERSONAL WALK WITH CHRIST
- 2) OUR WIFE
- 3) OUR CHILDREN
- 4) OUR WORK/VOCATION
- 5) OUR MINISTRY/OUTREACH
- 6) OUR RECREATION/HEALTH
- 7) OUR SERVICE TO OTHERS
- 8) OUR HOME/RESIDENCE

PRACTICAL HELPS

- PRIORITIES, CORE VALUES SET- ALWAYS IN VIEW
- BALANCE IN LIFE ORBITS AROUND OUR VALUES
- MARGIN CREATES PRODUCTIVITY, NOT EXHAUSTION
- WORK TO INCLUDE A MARGIN, OVERLOAD IS NOT NORMAL
- GOAL SETTING, STANDARDS IN PLAY
- SOMETHING TO AIM AT : "He who aims at nothing is sure to hit it every time!"
- GUIDING PRINCIPLES: "Circumstances change, principles do not."
- THE LIMIT: EVERY YEAR WE HAVE 525,600 minutes

1. OUR PERSONAL WALK WITH CHRIST A. THOSE BEGINNING

- 8. THOSE EXPERIENCED
- C. THOSE MATURE

OUR PERSONAL WALK WITH CHRIST

- A. THOSE BEGINNING
- a. GET A PLAN- Time, Place, Format
- b. START SMALL- Make it easy, Seven Minutes W God
- c. GET ALERT- To bed early, Shower, Dress, Coffee
- d. READING PLAN- One Year Bible, eword.com/year
- e PRAYER- ACTS, Record Requests & Answers

OUR PERSONAL WALK WITH CHRIST

- B. THOSE EXPERIENCED
- a. CONTINUAL GROWTH- Always Sensitive to Him
- b. SEASONAL- Allow Him to Energize, Mon Vital Signs
- c. WARNING LIGHTS- Read the Dash Board
- d. BARRIERS- Change, Deal With It, Get Help
- e. ACCOUNTABILITY- Open Up To Others

OUR PERSONAL WALK WITH CHRIST C. THOSE MATURE

- a. IT IS VITAL, IT IS BASIC TO LIFE
- b. RECOGNIZE THE TIMES- Progress, Profusion
- c. SEEK EXPANSION-31 Days of Praise, Meyers
- d: SEEK A DEEPENING, NEVER SATISFIED

2. OUR WIFE

- a. AS CHRIST LOVED THE CHURCH- Ephesians 5:25
- b PROVIDE FOR HER- Unselfish Service
- c. INCLUDE HER IN ALL SIGNIFICANT DECISIONS
 - i. ASK HER OPINION AND LISTEN- Focus On Unity
 - ii. YOUR TIME COMMITMENTS- Impact Her Life
 - iii. YOUR FINANCIAL DECISIONS- Impact Her Life

SPEAK HER LANGUAGE- 5 Love Languages, Chapman INTIMACY BEGINS IN THE KITCHEN- Iron vs Light Bulb

3. OUR CHILDREN

- "IT TOOK TWO TO BRING THEM INTO THE WORLD AND IT TAKES TWO TO RAISE THEM IN THE WORLD"
- ASK YOUR WIFE FOR INSIGHTS INTO HELPING

3. OUR CHILDREN

- a. LEADER OF THE HOME- Servant Leader
- b. KEY INGREDIENT- You, Not Material Stuff
- c. LISTEN- Meals, Avoid TV, Playtime, Bedtime
- d. ENGAGED-Activities, Sports, School, Friends, Life
- e. A STUDENT OF CHILD- Learn, Understand, Seek
- f. PERSONAL TIME ALONE- A Pattern, Tradition
- g. DISCIPLINE IS TRAINING- Not Punishment
- h. PROVISION- Enable Don't Disable
- i. COMMUNICATE- Positive, Access, Text, Face Book

4. OUR WORK / VOCATION

- A. WORK IS GOOD- God Created It, Genesis 2:2
- B. WORK IS PRODUCTIVE-"tend My garden" Genesis 2:15
- C. WORK IS REWARDING- "slept well" Ecc5:12
- D. WORK IS PROVISION- Labor Exchanged for Wages
- E. WORK IS GOD CENTERED- Colossians 3:23

WORK OUT OF BALANCE

A TYPE A WORKAHOLICS

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- i. SELF EMPLOYED- SET LIMITS
- ii. REMAIN ACCOUNTABLE- Best Barometer is the Wife
- iii. CLOCK IN AND CLOCK OUT
- iv DEAL RUTHLESSLY WITH GREEDv. Psalms 127:1-3, Galatians 6:7-10, Ecclesiastes 2:21

WORK OUT OF BALANCE

- A. UNMOTIVATED/UNDERACHIEVER
 - i. PASSION is what we feel.
 - ii. MISSION is what we do.
 - iii. VISION is where we are headed.

LAZY, SELF CENTERED

- i. PRAY, GET COUNSEL, INTEREST TESTING
- ii. SET GOALS, ACCOUNTABILITY, MEDICAL EVAL

WORK OUT OF BALANCE

- A SEASONS- Be prepared, Trust God, Psalms 37:34
- B. SEEK HIS CHANGES- "If you do what you have
- always done, you will be what you have always been."C. Your spiritual life becomes TEMPORAL if your life focus is on the SECULAR.
- D. Your secular life becomes SPIRITUAL if your life focus is on the ETERNAL. wn

5. OUR MINISTRY/OUTREACH

A DIFFERENT LAYERS/LEVELS OF MINISTRY

- 1. PUBLIC- teaching, speaking, training
- 2. PERSONAL- evangelism, neighbors, co-workers
- 3. PRIVATE- family members
- 4. FIRST RESPONSIBILITY- to those given by God
- 5. SAYING YES TO ONE THING SAYS $\aleph \Theta$ to another
- 6 CONSTANT TENSION- IMPACTS FAMILY UNIT 7. YOU NEED A GOVERNOR- TEAM DECISIONS
- YOU NEED A GOVERNOR- TEAM DECISIONS
 "If it doesn't work at home, don't export it.' HH

OUR MINISTRY/OUTREACH

9 PHASES OF MINISTRY

- i. REFLECTED IN FAMILY STAGES
- ii. PRE-CHILDREN- Maximum
- iii. PRESCHOOL- Less
- iv. ELEMENTARY- Least
- v. TEENS-Least
- vi. POST HIGH SCHOOL- More

OUR MINISTRY/OUTREACH

- BEGINS AT HOME
- REVOLVES AROUND THE HOME
- SERVES THOSE AT HOME
- UP EARLY AND LATE WHILE THEY SLEPT
- MET EARLY SATURDAYS DURING CARTOONS
- MEAL TIMES WERE PRIORITY- WEEKENDS ESP
- OFTEN INVOLVED CHILDREN'S ACTIVITIES
- CHILDREN CONNECTED US TO MANY PARENTS
- YMCA, SCHOOL, CHURCH, WORK, NEIGHBORS

OUR MINISTRY/OUTREACH

- TAUGHT CHILDREN'S SS CLASSES, YOUTH WORK
- WEEKENDS, FAM FUN NIGHTS- MINISTRY ASSOC
- VACATIONS- NAV CONFERENCES, FRIENDS
- "My goal is to do things with God, not for God." WH
- WALKING WITH THE SPIRIT IS ESSENTIAL

6. OUR RECREATION/HEALTH

- A. IMPORTANT TO OUR EMOTIONAL HEALTH
- B. CANNOT BE IGNORED- Empty Tanks Stalls Life
- C. CAN BE ABUSED- Self Indulgence, "For My Self" D. CANNOT LIVE SINGLE THOUGH MARRIED
- E. BEHAVIOR COMMUNICATES LOUD AND CLEAR
- F A MAN WILL HAVE TIME TO DO WHAT HE WANTS TO DO- SHE IS YOUR BEST FILTER
- G. APPLICATION REVOLVES AROUND THOSE WHOM YOU SERVE- DENY SELF, TRUST HIM

OUR PHYSICAL HEALTH

- A EAT RIGHT- Live longer, live better, look better
- 8. SLEEP RIGHT-It is a discipline, tired people sin more
- C. EXERCISE RIGHT-This is work, around family sched
- D DIE RIGHT- Nobody gets out alive- just crossing over

7. OUR SERVICE TO OTHERS

- A. EXTENDED FAMILY- Prayer meets needs, opens doors, creates ideas and gives insights
- 8. HOLIDAYS- Great time to serve the family, plan it.
- D. CO-WORKERS- Attend activities, refuse gossip
- E. NEIGHBORS- Prayer, Holidays, Physical Needs, Activities and Associations

8. OUR HOME/RESIDENCE

- OUR HOME REFLECTS OUR WIFE'S IDENTITY
- C. OUR HOME IS OUR BASE OF OPERATIONS

A. OUR HOME IS A PUBLIC TESTIMONY

- D. OUR HOME- WHAT THE CHILDREN ATTACH TO
- F. OUR HOME- INDICATES OUR CARE OF FAMILY
- F. OUR HOME WILL NEED REPAIR/IMPROVEMENT
- G. ASK YOUR WIFE FOR NEEDS- SCHEDULE TIME/WORK

APPLICATION

- 1) REVIEW PRIORITIES
- 21 QUICK TIME INVENTORY
- 3) DETERMINE GLARING AREAS OF NEED
- $_{\rm 4}^{\rm 7}$ prayerfully submit this to god over the next week
- 5) MEET WITH YOUR WIFE, TEAM UP AND TAKE CHARGE

I. USE YOUR TIME WISELY- "Be very careful, then, how you live..."

Why should we use our time wisely? Paul tells us bluntly, "The days are evil---these are desperate times!"

-- 2 Timothy 3:13-14 (NIV)

[13] . . . evil men and impostors will go from bad to worse, deceiving and being deceived. [14] But as for you, continue in what you have learned and have become convinced of, because you know those from whom you learned it.

--What does using our time wisely look like? In a word it looks like Jesus! Paul puts it like this in Ephesians 5:1-2 (NIV):

-- [1] Be imitators of God, therefore, as dearly loved children [2] and live a life of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God."

-- Hebrews 12:2 (NIV)

"Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross...."

II. YOUR TIME IS LIMTED/LIFE IS VERY SHORT: [Vs16]-..."Making the most of every opportunity, because the days are evil"

--Psalm 39:4 [NIV] - "Show me, O Lord, my life's end and the number of my days; let me know how fleeting is my life!"

-- Psalms 90:10[NIV]-"The length of our days is 70 years- or 80 if we have the strength...for they quickly pass and we fly away"

III. Your time is for God.

- 1 Corinthians 10:31 (NIV)

"... Whatever you do, do it all for the glory of God."

-- Ephesians 5:17-21 (NLT)

[17] don't act thoughtlessly, but try to understand what the Lord wants you to do. [18] Don't be drunk with wine, because that will ruin your life. Instead, let the Holy Spirit fill and control you. [19] Then you will sing psalms and hymns and spiritual songs among yourselves, making music to the Lord in your hearts. [20] And you will always give thanks for everything to God the Father in the name of our Lord Jesus Christ. [21] And further, you will submit to one another out of reverence for Christ."

BIBLE STUDY QUESTIONS

1. In what areas is your time management successful? In what areas could your time management improve? What steps can you take to improve?

2. What stands out to you the most in this study regarding what the Bible says about time management? Explain.

WEEKLY PLAN SHEET

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