

## Overcoming Daily Temptations

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- I. Issues: What does the Bible say about sexually-related sin?
  - A. Beginnings - Gen. 3:7
  - B. High standards - Mt. 5:28, II Cor. 10:5
  - C. The Law - Ex. 20:14
  - D. Immorality
    1. Rom. 1:21-32 - Fools
    2. I Cor. 6:9-10 - The unrighteous
    3. Gal. 5:19 - Deeds of the flesh
    4. Eph. 5:3 - Proper saints
  
- II. Advice
  - A. I Cor. 6: 17-19 - Flee immorality.
  - B. Rom. 13:12-14 - Lay aside dark deeds; behave properly.
  - C. Prov. 4:14-23 - Avoid it, turn away from it, pass on. Watch over your heart.
  - D. The adulteress
    - Prov. 2:16-18 - The strange woman
    - Prov. 5:1-23 (esp. 3, 20) - Honey vs. wormwood
    - Prov. 6:23-29 - The evil woman
    - Prov. 7:1-27 (esp. 5) - A young man lacking sense
    - Prov. 22:14 - A deep pit
  - E. I Cor. 7:2 - His own wife
    - Psalm 34:10, Prov. 18:22
  
- III. Hope
  - I Cor. 10:13 - Escape
  - I Cor. 6:11 - Washed and justified
  - Phil. 3:12-21 - Press on; reach forward
  - Mt. 19:26 - All things are possible
  - Rom. 12:2 - Be transformed
  - II Cor. 3:18 - Being transformed
  - II Cor. 10:4,5 - Take every thought captive
  
- IV. Addiction
  - A. Compulsion
  - B. Continuing despite consequences
  - C. Control
  - D. Neurophysiology

V. There is hope.

A. I remember...

B. Pornography is \_\_\_\_\_.

C. The sin cycle:

Thought → \_\_\_\_\_ → \_\_\_\_\_ → \_\_\_\_\_ → \_\_\_\_\_ →  
\_\_\_\_\_ → \_\_\_\_\_ → Thought →

D. Two opposing sides

\_\_\_\_\_ → \_\_\_\_\_

\_\_\_\_\_ → \_\_\_\_\_

\_\_\_\_\_ → \_\_\_\_\_

E. Solution: Deal with \_\_\_\_\_.

Prov. 4:23

Gal. 5:16

Eph. 5:3

Mt. 5:19

Luke 6:45

F. The downward \_\_\_\_\_

G. Five steps to freedom

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_ - Mk. 10:27

H. Close to the edge?

VI. The daily walk

A. Put off, put on. Substitution. Eph. 4:1-5:21

B. Jesus. Heb. 12:1-2, Rom. 8:38-39

C. The Word. Ps. 119:9-11, II Tim. 2:15

D. Accountability. Eccles. 4:9-10, 12; Prov. 27:17

E. Prayer. Rom. 12:9-13, I Thess. 5:17

F. Focus on others. Phil. 2:4, Rom. 15:1-6

VII. Freedom! Jn. 8:32

VIII. Discussion and Questions