Excellence in Ministry – Part 2 Cynthia Heald

- I. Have four circles.
 - A. Personal circle.
 - 1. Our spirit.
 - 2. God is Spirit.
 - 3. Born again. (Romans 8:16)
 - B. Rational circle.
 - 1. Our mind.
 - 2. God has a mind. (Philippians 2:5)
 - C. Volitional circle.
 - 1. Our will.
 - 2. God has a will.
 - D. Emotional circle.
 - 1. Our feelings.
 - 2. God has feelings.
 - a. Loves.
 - b. Hates sin.
 - c. Grieve Holy Spirit.
- II. Made in image of God.
 - A. Soul.
 - 1. Mind.
 - 2. Will.
 - 3. Emotions.
 - B. Spirit, soul and body complete. (1 Thessalonians 5:23)

III. Basic needs.

- A. To be loved unconditionally.
- B. To feel of value or worthwhile.
- C. Biblical example of love and respect in marriage. (Ephesians 5)
 - 1. Women need for security or love.
 - 2. Men need to feel of value or significant.
- D. Definition of security or the need for love.
 - 1. Nothing can separate us from God's love. (Romans 8:35, 39)
 - 2. Christ died for us while we were still sinners. (Romans 5:8)
 - 3. Who can love us this way?
 - 4. This deep need can only be met in Christ alone.
- E. Definition of need for significance.
 - 1. Created for good works and are of value. (Philippians 1:21, Ephesians 2:10)
- F. Roles of women.
 - 1. Mother.
 - 2. Wife.
 - 3. Friend.
 - 4. Teacher.
- G. Not the position or status that gives us significance.
- H. Mid-life crisis with emptiness because we are not allowing God to meet our needs.

IV. Have full circles.

- A. Personal circle.
 - 1. Realize or believe that Jesus Christ meets all of our needs.
 - 2. Examples in Scripture.
 - a) The woman at the well. (John 4)

1) Looked to relationships for love and value.

2) Jesus told her he was enough to meet all her needs.

- b) Complete in Christ. (Colossians 2:10)
- c) The Lord is my light. (Psalm 27:1)
- d) God is for us. (Romans 8)
- e) Our security is in Him. (Colossians 3:3)
- 3. We have a great heritage.
 - a) God is our Father.
 - b) Christ is our Savior.
 - c) We are his children.
- 4. Our security can be based on.
 - a) Our performance.
 - b) God's performance on our behalf.

1) God is excited when we do something right.

2) He knows we aren't perfect. (Psalm 1:45)

B. Rational circle.

- 1. Think the truth.
- 2. Examples.
 - a) Thy word is truth. (John 17:17)

1) What does Jesus say about us?

2) What does the Bible say about us?

- b) Be renewed in our mind. (Romans 12:2)
- c) Think on these things. (Philippians 4:8)
- d) Mind is on God. (Isaiah 26:3)
- e) As a man thinks so is he. (Proverbs 23:7)
- f) What we think determines what we do. (Genesis 3)

- 1) What are we putting into our mind?
- 2) Be careful to buying into the world's system.
- 3. What is the truth?
 - a) We are loved.
 - b) God cares for us.
 - c) He knows the number of hairs on our head.
 - d) He is with us.
 - e) He is for us.
 - f) The world should grow dim.
 - g) Set our mind on things above not of earth. (Colossians 3:1-2)
- 4. Take every thought captive.
- C. Volitional circle.
 - 1. Realize everything we do is a choice.
 - 2. We will what we will do.
 - 3. Our will acts.
 - 4. Examples:
 - a) David brings his will into play. (Psalm 101)
 - b) I have chosen. (Psalm 119:10, 30)
 - 5. Realize our will in ministry.
 - a) I cannot say...
 - 1) These people are running me crazy.
 - 2) Demanding too much of me.
 - 3) I can't keep up with all they are asking me to do.
 - 4) The devil made me do it.
 - 5) It is their fault.
 - b) Because everything I do is a choice.

1) I choose to let someone put me in a relationship that has requirements.

2) Make decisions on the basis of security in Christ.

3) Do not make decisions on the basis of approving people.

i. Jesus was rejected. (John 6:66)

- c) Minister from the position of security in Christ.
 - 1) Do not minister to get our need met or to feel good about it.
- d) Point to God.
 - 1) Do not become god in someone else's life.
 - 2) Pray at the end of meeting with someone.
 - 3) Freedom in Christ together.
- 6. Take responsibility for our choices.
- D. Emotional circle.
 - 1. Fully acknowledge your feelings to God.
 - a) An unacknowledged emotion will control you.
 - b) Pray.
 - 1) David brings his feelings to God in prayer. (Psalm 109)
 - 2. Acknowledge other people's feelings also.
 - 3. Until we acknowledge our feelings we are not able to understand or think the truth.
 - 4. David went to God when he was hurt. (Psalm 55)
 - a) Where do you go when you are hurt?
 - 5. Guidelines to share hurt or angry feelings with someone.
 - a) Acknowledge feelings to God.
 - b) Determine goal or motive for going to the person.
 - c) Go to the person when your feelings are under control.
 - d) Share feelings in the area of commitment to that person.

- 6. Get free.
 - a) He never allows the righteous to be shaken. (Psalm 55:22)
 - b) Jeremiah acknowledges feelings and remembers what is true. (Lamentations 3)
- 7. We cannot change our feelings.
 - a) Do not tell yourself that or anyone else.
 - b) Do not stuff them.
- 8. What you think and what you do determine how you feel.
 - a) Your feelings are a consequence of what you think and what you do.
 - b) Disarm you feelings by acknowledging them.
 - c) Look for the truth in the situation.
- 9. Guidelines for helping others.
 - a) Acknowledge their feelings.
 - b) Ask them if it is true.
- 10. Forgiveness.
 - a) Remembering a hurt does not mean you have not forgiven.
 - 1) Forget those things that are behind and press on. (Philippians 3)