

Daily Quiet Time

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I. Introduction.

A. The secret of godly men through the centuries has been spending time alone with God. (Hosea 12:6)

II. We should spend time with God...

A. To fulfill God's will for our lives. (Romans 8:29; Ephesians 4:13)

B. Because it is God's desire. (Isaiah 43:10; Hosea 6:6; Daniel 11:32; 1 Corinthians 1:9; Matthew 4:10)

C. Because it is his means of provision. (1 Peter 1:2-3)

D. Because of the example of those who have followed God. It is the secret of an effective witness. (Mark 1:35; John 15:5)

E. Because of God's promise that we will be made like Jesus. (2 Corinthians 3:18; Judges 16:20)

III. Things you need to do to have a quiet time.

A. Find the right place.

B. Find a time.

C. Have a plan. Stick with the Bible.

D. Stick with it.

IV. Seven minutes with God.

A. Bible reading.

B. Adoration. (Psalm 50:23)

C. Confession.

D. Thanksgiving.

E. Supplication for others and for yourself. (Philippians 4:6-7; Psalm 143)

Application questions:

1. What reasons compel you to spend time with God alone?

2. What elements should be included in a quiet time?

3. How will you maximize your quiet time?
